

# Par&Tackle

## Lunch Menu

### Starters

- |   |             |
|---|-------------|
| <b>*Lobster Salad Lettuce Wraps</b><br>chilled, bibb lettuce cup, mango, cilantro, avocado  | <b>\$18</b> |
| <b>Flatbread Pizza</b><br>choice of caprese or artisanal meats<br>with marinara and mozzarella cheese<br>substitute gluten free cauliflower crust + \$4 | <b>\$14</b> |
| <b>Hummus</b><br>chickpea & toasted sesame puree, warm pita,<br>garden vegetables   | <b>\$10</b> |
| <b>*Korean Chicken Wings (8)</b><br>bone-in, white sesame<br>buffalo or sweet chili available upon request  | <b>\$15</b> |
| <b>Crackling Chips</b><br>crispy chicken skins, chipotle ranch, fried bacon<br>Brussels sprouts   | <b>\$10</b> |
| <b>*Jumbo Lump Crab Cakes (2)</b><br>wild caught blue crab, fresh lemon, cucumber and<br>pickled cherry pepper salsa, sweet chili aioli                 | <b>\$18</b> |
| <b>Bavarian Pretzel</b><br>spicy mustard, beer cheese dipper, served with MGD shorty  | <b>\$15</b> |
| <b>New England Clam Chowder</b><br>shucked clams, bacon, dill, potatoes, reduced cream  | <b>\$10</b> |

HARBOR  LIGHTS

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness.  
Please notify your server of any dietary restrictions or allergens present prior to placing your order

# Par & Tackle

## Lunch Menu

### Salads

protein additions:

\*chicken + \$6 | \*shrimp + \$9 | \*salmon + \$12 | \*sirloin + \$15

protein additions only available on full sized salads

Full / Half

#### Caprese

\$14 / --

creamy mozzarella cheese, vine tomatoes, basil,  
aged balsamic, crostini

#### Chopped

\$14 / --

English cucumber, cranberry, candied walnut,  
bacon, green apple, feta, romaine, citrus honey dressing

#### Caesar

\$12 / \$7

romaine, radicchio, crouton, parmesan cheese,  
cracked pepper, creamy Caesar dressing

#### Snipped

\$12 / \$7

field greens, grape tomatoes, English cucumber,  
croutons, balsamic dressing



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# Par & Tackle

## Lunch Menu

### Handhelds

handhelds are accompanied by house-made chips

#### **Mediterranean Vegetable Wrap** **\$12**

garlic and herb wrap, cucumber, hummus, feta,  
bell pepper, red onion, grape tomato

#### **\*Chicken Caesar Wrap** **\$13**

grilled chicken, romaine, radicchio, parmesan,  
croutons, Caesar dressing  
substitute crispy buffalo chicken + \$1

#### **\*Tuna Salad Sandwich** **\$12**

white albacore, lettuce, tomato, pickles, red onion  
whole wheat butter bread

#### **\*Lobster Salad Roll** **\$28**

chilled, citrus aioli, bibb lettuce, New England style roll

#### **\*Signature Cheeseburger** **\$14**

certified angus brisket & short rib blend, pulled pork,  
aged cheddar, signature sauce, brioche bun  
bacon + \$3  
mushroom + \$2  
caramelized onions + \$2  
gluten free & vegan options also available

#### **\*Grilled Hot Dog** **\$9**

all beef, beer braised, caramelized onion, pineapple,  
bacon habanero jam, New England style roll



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# Par & Tackle

## Lunch Menu

### Handhelds

handhelds are accompanied by house-made chips

#### \*Crispy Chicken Sandwich \$13

shredded romaine, pickles, ranch, brioche bun

#### Grilled Cheese, Tomato, & Bacon Sandwich \$9

aged cheddar cheese, sliced tomato, applewood smoked  
bacon, Texas toast

add bbq pulled pork + \$4

#### \*Salmon BLT Wrap \$15

garlic & herb wrap, roasted salmon, applewood smoked  
bacon, lettuce, tomato, red onion, lemon aioli

### Children's Corner

All children's items except for pasta are accompanied by fries

#### Crispy Chicken & Fries \$8

#### Single Hot Dog \$7

#### Penne with Butter or Marinara \$6

#### Grilled Cheese \$7

### Kids Dessert

#### Gelato Singles- Vanilla or Chocolate \$6



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# Par & Tackle

## Dinner Menu

### Starters

- |  |             |
|--|-------------|
| <b>*Lobster Salad Lettuce Wraps</b><br>chilled, bibb lettuce cup, mango, cilantro, avocado   | <b>\$18</b> |
| <b>Flatbread Pizza</b><br>choice of caprese or artisanal meats<br>with marinara and mozzarella cheese<br>substitute <i>gluten free cauliflower crust</i> + \$4 | <b>\$14</b> |
| <b>Hummus</b><br>chickpea & toasted sesame puree, warm pita,<br>garden vegetables  | <b>\$10</b> |
| <b>*Korean Chicken Wings (8)</b><br>bone-in, white sesame<br><i>buffalo or sweet chili available upon request</i>  | <b>\$15</b> |
| <b>Crackling Chips</b><br>crispy chicken skins, chipotle ranch, fried bacon,<br>Brussels sprouts   | <b>\$10</b> |
| <b>*Jumbo Lump Crab Cakes (2)</b><br>wild caught blue crab, fresh lemon, cucumber and<br>pickled cherry pepper salsa, sweet chili aioli                        | <b>\$18</b> |
| <b>Bavarian Pretzel</b><br>spicy mustard, beer cheese dipper, served with MGD shorty   | <b>\$15</b> |
| <b>New England Clam Chowder</b><br>shucked clams, bacon, dill, potatoes, reduced cream   | <b>\$10</b> |



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# Par & Tackle

## Dinner Menu

### Salads

protein additions:

\*chicken + \$6 | \*shrimp + \$9 | \*salmon + \$12 | \*sirloin + \$15

protein additions only available on full sized salads

#### Caprese

creamy mozzarella cheese, vine tomatoes, basil,  
aged balsamic, crostini

Full / Half

\$14 / --

#### Chopped

English cucumber, cranberry, candied walnut,  
bacon, green apple, feta, romaine, citrus honey dressing

\$14 / --

#### Caesar

romaine, radicchio, crouton, parmesan cheese,  
cracked pepper, creamy Caesar dressing

\$12 / \$7

#### Snipped

field greens, grape tomatoes, English cucumber,  
croutons, balsamic dressing

\$12 / \$7

### Handhelds

handhelds are accompanied by house-made chips

#### Mediterranean Vegetable Wrap

garlic and herb wrap, cucumber, hummus, feta,  
bell pepper, red onion, grape tomato

\$12

#### \*Salmon BLT Wrap

garlic & herb wrap, roasted salmon, applewood  
smoked bacon, lettuce, tomato, red onion, lemon aioli

\$15



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# Par & Tackle

## Dinner Menu

### Handhelds

handhelds are accompanied by house-made chips

- \*Chicken Caesar Wrap** **\$13**  
grilled chicken, romaine, radicchio, parmesan,  
croutons, Caesar dressing  
substitute crispy buffalo chicken + \$1
  
- \*Lobster Salad Roll** **\$28**  
chilled, citrus aioli, bibb lettuce, New England style roll
  
- \*Crispy Chicken Sandwich** **\$13**  
shredded romaine, pickles, ranch, brioche bun
  
- \*Signature Cheeseburger** **\$14**  
certified angus brisket & short rib blend, pulled pork,  
aged cheddar, signature sauce, brioche bun  
bacon + \$3  
mushroom + \$2  
caramelized onions + \$2  
gluten free & vegan options also available
  
- \*Grilled Hot Dog** **\$9**  
all beef, beer braised, caramelized onion, pineapple,  
bacon habanero jam, New England style roll



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## Dinner Menu

### Pasta *and* Mains

#### \*Salmon

\$24

8oz. grilled salmon, saffron rice, garden vegetables,  
lemon, cucumber banana pepper salsa

#### \*Herb Encrusted Sirloin

\$24

8oz herb encrusted sirloin, whipped potato, asparagus,  
rosemary demiglace

#### Fish & Chips

\$16

beer battered North Atlantic cod, French fries,  
coleslaw, tartar sauce, lemon

#### \*Rigatoni Bolognese

\$19

beef, pork & veal ragout, marinara, parmesan and  
pecorino, basil garlic toast  
substitute gluten free pasta + \$3

#### Penne A la Vodka

\$17

garlic, vodka, parmesan and pecorino, tomato basil  
cream, garlic toast  
chicken + \$6  
shrimp + \$9



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